St. Xavier’s College – Autonomous Mumbai

Syllabus
For I\textsuperscript{st} Semester Courses in

Psychology
(June 2017 onwards)

Contents:
Theory Syllabus for Course:
A.PSY.1.01 INTRODUCTION TO PSYCHOLOGY
Ist Semester Syllabus for Courses in Psychology. St. Xavier’s College –Autonomous, Mumbai.

FYBA Course: A.PSY.1.01

Title: Introduction to Psychology

Learning Objectives:
1. To orient students to psychology as a science.
2. To understand contrasting perspectives in psychological approaches.
3. To introduce students to the basic biological, motivational and emotional bases of behaviour related to areas of Psychology.
4. To stimulate interest in Psychology by emphasizing relevant applications of psychology in everyday life.
5. To expose students to a blend of theory and research in the core biological and motivational areas of Psychology.

Number of lectures: 60

UNIT 1 Perspectives in Psychology (15 lectures)
- History and definition
- Classic approaches (with emphasis on Freud’s theory of personality)
- Contemporary approaches to understanding humans
- Areas of specialization
- Professionals in the field

UNIT 2 The Science of Psychology (15 lectures)
- Research methods (Quantitative & Qualitative)
- Non-experimental methods
- The experimental method and designs
- Ethics in research
- Statistics in psychological research

UNIT 3 Behavioural Neuroscience (15 lectures)
- The structure and functions of the brain
- Neurons and types of neurotransmitters
- Diseases related to both neuron and the brain structure
- The endocrine glands
- Sensation: vision, audition, taste, smell, touch

UNIT 4 Perception (15 lectures)
- Attention and perception
- Perceptual organization
- Perceptual constancies and illusions
- Depth perception
- Plasticity of perception
- Contemporary issues and applications
- ESP
List Of Recommended Reference Books


