

Dept. of Inter-Religious Studies
presents

An HONOURS COURSE

SELF DISCOVERY

Unlock your innate wisdom,
de-stress and
find the secret of peace and joy.

~ 7,8,9 Sept. from
2.40 to 4.30 pm at XIMR

~Creative Meditation, Journaling, Presentation
~Approaches of Spiritual /Scientific/Tribal Traditions

Last Date to Register :31st Aug. 2015

contact dirts.xaviers@gmail.com

or

DIRS office from 9.30 to 1.30 pm