



St. Xavier's College – Autonomous Mumbai

Syllabus For 4th Semester Courses in Sociology (Applied Component) (November 2019 onwards)

Contents:

Theory Syllabus for Courses:

AC 0401 – Leisure Studies II (APPLIED COMPONENT)

Title: LEISURE STUDIES II

Learning Objectives:

1. Introduce the students to the developments in the field of leisure studies
2. Demonstrate how these developments provide valuable insights about the modern way of life.
3. Familiarize them with the dynamics of leisure in respect of life stages and different social formations.

Number of lectures: 60

UNIT I

Travel and Tourism

[15 lectures]

- a. Modernity and the Production of the Tourist Experiences
- b. Sightseeing and social structure
- c. Staged Authenticity
- d. Tourism in India

UNIT II

Other Forms of Leisure

[15 lectures]

- a. Sports and Games
- b. Outdoor recreation
- c. Shopping
- d. Addiction and Artificial experience
- e. Deviant Leisure

UNIT III

The Leisure Industry

[15 lectures]

- a. Specialized Agencies
- b. Marketing of leisure: International and national
- c. Leisure as career
- d. Leisure in a globalized world

UNIT IV

Exploring leisure forms

[15 lectures]

- a. Hedonising technology and forms
- b. Art and awareness
- c. Activism and leisure

CIA: Written assignment and presentation

List of Recommended Reference Books

- Collins, Michael, F., Sport and Social Exclusion, London, Routledge. Eichberg, Hennig, Body Cultures: Essays on Sport, Space and Identity, Harris, David, 2005, Key Concepts in Leisure Studies, London, Sage Publications. Horner, Susan and J. Swarbrooke, 2005, Leisure Marketing: A Global Perspective, London, Elsevier Butterworth-Heinemann. Kraus, Richard, G., 1998, Recreation and Leisure in Modern Society, Sudbury, MA, Jones & Bartlett Publishers, Inc. Urry, John, 1990, The Tourist Gaze: Leisure and Travel in Contemporary Societies, London, Sage Publications.