



St. Xavier's College – Autonomous Mumbai

Syllabus For II Semester Courses in

Psychology (June 2017 onwards)

Contents:

Theory Syllabus for Course:

APSY201 INTRODUCTION TO PSYCHOLOGY II

FYBA

Course: APSY201

Title: Introduction to Psychology II

Learning Objectives:

1. To orient students to psychology as a science.
2. To understand contrasting perspectives in psychological approaches.
3. To introduce students to the basic biological, motivational and emotional bases of behaviour related to areas of Psychology.
4. To stimulate interest in Psychology by emphasizing relevant applications of psychology in everyday life.
5. To expose students to a blend of theory and research in the core biological and motivational areas of Psychology.

Number of lectures: 60

UNIT 1 Motivation and Emotion (15 lectures)

- Nature of motivation
- Theories of motivation
- Basic physiological motives (hunger, thirst, sex, pain avoidance, sleep)
- Learned social motives (affiliation, power)
- Components (physiological, behavioural & cognitive aspects)
- Theories of emotions
- Basic emotions
- Emotional intelligence

UNIT 2 Intelligence, Thinking and Language (15 lectures)

- Concept and theories of intelligence
- Measurement of intelligence
- Levels of intelligence
- Nature nurture controversy
- Cognition and Problem Solving
- Creative Thinking
- Language

UNIT 3 Learning (15 lectures)

- Nature of learning
- Classical conditioning
- Operant conditioning
- Cognitive learning
- Social learning

UNIT 4 Memory (15 lectures)

- Models of memory
- Working memory
- Long term memory
- Forgetting
- Improving memory

List Of Recommended Reference Books

1. Baron, Robert A.; Misra, Girishwar & Kalsher, Michael J.: Psychology. (5th ed.) Noida. Pearson India Education Services Pvt. Ltd, 2016. 978-93-325-5854-0--(150Bar/Mis)
2. Ciccarelli, Saundra K. & White, J. Noland: Psychology. Noida. Pearson India Education Services Pvt. Ltd, 2016, 2016. 978-933257944-6--(150CIC/NOL)
3. Coon, Dennis & Mitterer, John O.: Introduction to psychology : Gateways to mind and behavior. (12th ed.) Belmont. Wadsworth Publishing Company, 2010. 0-495-59912-3--(150Coo/Mit)
4. Davis, Stephen F.; Palladino, Joseph J. & Christopherson, Kimberly M.: Psychology. (7th ed.) Boston. Pearson Education Inc., 2013. 978-0-205-84684-9--(150Dav)
5. Feldman, Robert S.: Understanding psychology. (10th ed.) New York. Mcgraw-Hill, 2011. 0-07-122147-4--(150Fel)
6. Gazzaniga, Michael; Heatherton, Todd & Halpern, Diane: Psychological science. (5th ed.) New Work. W.W. Norton & Company, 2016. 978-0-393-93749-7--(150Gaz)
7. Kalat, James W.: Biological psychology. (11th ed.) Delhi. Cengage Learning India Private Limited, 2013(2015). 978-81-315-2526-5--(152Kal)
8. Lahey, Benjamin B.: Psychology : an introduction. (10th ed.) New York. Mcgraw-Hill Higher Education, 2009. 0-07-128000-6--(150Lah)
9. Morgan, Clifford T.; King, Richard A.; Weisz, John R. & Schopler, John: Introduction to psychology. (7th ed. Indian reprint) New Delhi. Tata McGraw Hill Publishing Company Limited, 1986(1993). 0-07-462250-1--(150MOR)
10. Myers, David G.: Psychology. (10th ed.) New York. Worth Publishers, 2013. 978-1-4292-6178-4--(150Mye)
11. Passer, Michael W. & Smith, Ronald E.: Psychology : The science of Mind and Behavior. (5th ed.) New York. Mcgraw-Hill Companies, Inc., 2011. 0-07-122164-1--(150Pas/Smi)
12. Wertheimer, Michael: A brief history of psychology. (5th ed.) New York. Psychology Press, 2014. 978-1-84872-875-2--(150.9Wer)
13. Wood, Samuel E., Wood, Ellen Green & Boyd, Denise: The world of psychology. (7th ed.) Boston. Allyn And Bacon, Inc., 2011. 0-205-76373-1--(150Woo)

14. Zimbardo, Philip G., Johnson, Robert L. & McCann, Vivian : Psychology : Core concepts. (6th ed.) Boston. Pearson Education, Inc., 2009. 0-205-54788-5--(150Zim)